

Balavihar

बालकेषु च संस्कारो विचारो युवकेषु च ।

bālakeṣu ca saṁskāro vicāro yuvakeṣu ca ।

The greatest boon given by Pujya Gurudev Swami Chinmayananda to the younger generation is Balavihar. Balavihar provides a spiritual and cultural orientation to the children of the modern age. The rationale of the Balavihars as elucidated by Pujya Gurudev in the "March of the future" talk is summarized below:

- To train the children and inculcate in them the reverence for our ancient culture, and inspire them to live up to it with correct understanding.
- To create self-confidence to serve and act cheerfully.
- To generate a true affection in all contacts, inculcate personal discipline and a true spirit of leadership.
- To mould their capacity to express and assert their individuality.
- To bring out their dormant faculties and detect defects; cultivate and improve their creative abilities.
- To help children to develop a healthy resistance against temptations in the atmosphere in which they grow.
- To provide an atmosphere to grow with noble ideals, healthy emotions and physical discipline.

General Bala Vihar Syllabus

Bala Vihar Class	Main Text	Slokas & Chanting
Pre-KG	Bala Vihar Alphabet	Invocation Prayers Ganesha Stotram Bhagavad Gita Chapter 10
Grades KG-1	Ramayana	Guru Stotram Gurupaduka Stotram Bhagavad Gita Chapter 10
Grades 2-3	Bhagavatam	Guru Stotram Mahalakshmyashtaka Stotram Bhagavad Gita Chapter 10
Grades 4-6	My 24 Gurus Krishna Krishna Everywhere	Guru Stotram Ganga Stotram, Madhurashtakam, Nirvanashatakam Bhagavad Gita Chapter 10
Junior Youth Group	Hindu Culture	Guru Stotram Gita Dhyanam Slokam Nirvanshatakam Bhagavad Gita Chapter 10
Adult study group	Art of Man Making Atma Bodha	Guru Stotram Bhagavad Gita Chapter 10

